

Welcome to Tübingen



Legal notice

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Words of welcome by the Lord Mayor

Dear newcomers to Tübingen,

I am delighted that you are now living in Tübingen and, in my capacity as Lord Mayor, I welcome you to our city.

Tübingen has become a home to many people with a migrant background and sees itself as a cosmopolitan city. People from more than 140 countries live and work here. This diversity greatly enriches our urban community and we see that as a great opportunity.

Peaceful coexistence is only possible if we all respect each other, treat each other with tolerance and find solutions jointly. That is why many committed Tübingen residents support a successful dialogue between cultures. Inter-cultural exchange is promoted not only by numerous international clubs and social organisations but also by the City Administration. The objective of this joint contribution is to ensure that all inhabitants, regardless of origin, feel good in our city.

The aim of our welcome brochure is to make the start of your life in Tübingen easier for you so that you will quickly get to know your way around and soon feel at home. We have compiled important information for you on language courses, health, authorities, clubs & societies and much more, and hope that you will find it useful.

Yours



Boris Palmer
Lord Mayor



Words of welcome by the Integration Commissioner

Dear newcomers to Tübingen,

I sincerely welcome you to our city! Tübingen looks forward to seeing you.

It is especially important to us that all our residents – whether they are new to Tübingen or have lived here for a long time – have equal access to opportunities and services. For this reason, we would like to give you this welcome brochure to help you get settled in Tübingen.

It contains important and practical information, addresses and tips about your stay, language courses, education, housing, work, health, transport, insurance and much more. Tübingen offers a wide range of cultural, leisure and meeting opportunities. Numerous clubs & societies and initiatives contribute to a lively and appreciative community and are an important part of the welcoming culture in Tübingen. You can find various contact addresses for these in the brochure.

The brochure also suggests ways to actively participate in social life and provides information about opportunities for becoming involved as a citizen and for political participation. Together with the Equality and Integration Office, the Integration Council works towards providing equal opportunities for immigrants and non-immigrants to participate in society. It advises the City Administration and the City Council on all issues relevant to integration policy.

You can obtain this brochure in various languages such as German, English, Arabic, Russian and Ukrainian at the respective Citizens' Advice Bureaux (see pages six and seven) in the city and via the following link: www.tuebingen.de/willkommen.

Should you have any questions, please feel free to contact us at any time:

Universitätsstadt Tübingen (University City of Tübingen)
Gleichstellung und Integration (Equality and Integration Office)
Münzgasse 20, 72070 Tübingen
Tel. 07071 204-1470 | E-mail: vielfalt@tuebingen.de

I hope that this brochure makes your arrival easier and wish you a good start in Tübingen.



Mihriban Sahin
Integration Commissioner



New in Tübingen

Tübingen and its districts

The university city of Tübingen, with its historic old city centre, castle and many medieval buildings, boasts a history of almost a thousand years. With around 90,000 inhabitants and almost 27,000 students, Tübingen is a young and cosmopolitan city, and is culturally diverse. Besides its inner city, Tübingen has the following districts: Bebenhausen, Bühl, Hagelloch, Hirschau, Kilchberg, Pfrondorf, Unterjesingen and Weilheim.

If you have just moved to Tübingen, please register at the relevant Citizens' Advice Bureau (Bürgerbüro) or Administration Office (Verwaltungsstelle). Please make an appointment in advance for registration at: www.tuebingen.de/verwaltung/onlinedienste.

Bürgerbüro Stadtmitte

(City Centre Citizens' Advice Bureau)

Schmiedtorstrasse 4, 72070 Tübingen

Telephone: 07071 204-0 | E-mail: buergeramt@tuebingen.de

Opening times

Mon, Wed, Fri 7:30 to 12:30 |

Tue 7:30 to 18:00 | Thu 7:30 to 16:00

Telephone consultation hours

Mon to Thu 8:00 to 16:00 | Fri 8:00 to 13:00

Bürgerbüro Lustnau (Citizens' Advice Bureau)

Steige 14, 72074 Tübingen

Telephone: 07071 204-1260 |

E-mail: rathaus-lustnau@tuebingen.de

Opening times

Mon, Thu 8:00 to 12:00 | Tue 8:00 to 12:00 and 14:00 to 18:00

Wed 8:00 to 12:00 and 14:00 to 16:00 | Fri 8:00 to 11:00

Bürgerbüro Derendingen (Citizens' Advice Bureau)

Sieben-Höfe-Strasse 11, 72072 Tübingen

Telephone: 07071 204-1308 |

E-mail: rathaus-derendingen@tuebingen.de

Opening times

Mon 8:00 to 13:00 and 14:00 to 17:00 | Tue to Fri 8:00 to 11:30

Verwaltungsstelle Bebenhausen (Administration Office)

Schönbuchstrasse 2, 72074 Tübingen

Telephone: 07071 204-6080 |

E-mail: rathaus-bebenhausen@tuebingen.de

Opening times

Tue 9:00 to 12:00 and 15:00 to 17:30

Verwaltungsstelle Bühl (Administration Office)

Eugen-Bolz-Strasse 33, 72072 Tübingen

Telephone: 07071 204-6040 |

E-mail: rathaus-buehl@tuebingen.de

Opening times

Mon, Tue, Thu 8:30 to 12:00 | Wed 14:30 to 18:00

Verwaltungsstelle Hagelloch (Administration Office)

Hagenloher Strasse 1, 72070 Tübingen

Telephone: 07071 204-6070 |

E-mail: rathaus-hagelloch@tuebingen.de

Opening times

Mon to Fri 8:00 to 11:30 | Tue 16:00 to 17:30 |

Thu 16:00 to 17:00

Verwaltungsstelle Hirschau (Administration Office)

Kingersheimer Strasse 57, 72070 Tübingen

Telephone: 07071 204-6050 |

E-mail: rathaus-hirschau@tuebingen.de

Opening times

Mon to Fri 8:00 to 12:00 | Wed 14:00 to 18:00

Verwaltungsstelle Kilchberg (Administration Office)

Tessinstrasse 7, 72072 Tübingen

Telephone: 07071 204-6030 |

E-mail: rathaus-kilchberg@tuebingen.de

Opening times

Mon 15:00 to 18:00 | Tue to Thu 8:30 to 11:30

Verwaltungsstelle Pfrondorf (Administration Office)

Lustnauer Strasse 1, 72074 Tübingen

Telephone: 07071 204-6090 |

E-mail: rathaus-pfrondorf@tuebingen.de

Opening times

Mon, Thu 8:00 to 12:00 and 14:00 to 16:00 |

Tue 8:00 to 12:00 and 16:00 to 18:00 | Fri 8:00 to 12:00

**Verwaltungsstelle Unterjesingen
(Administration Office)**

Jesinger Hauptstrasse 56, 72070 Tübingen
Telephone: 07071 204-6060 |
E-mail: rathaus-unterjesingen@tuebingen.de

Opening times

Mon to Fri 8:00 to 12:00 | Tue 14:00 to 18:00

Verwaltungsstelle Weilheim (Administration Office)

Wilonstrasse 43, 72072 Tübingen
Telephone: 07071 204-6020 |
E-mail: rathaus-weilheim@tuebingen.de

Opening times

Mon to Fri 8:00 to 12:00 | Tue 14:00 to 18:30 |
Thu 14:00 to 16:30

As a new resident in Tübingen, you will be given the book of vouchers "Tübingen geschenkt" (Tübingen for free) when you register your place of residence. Use it to get to know Tübingen. You can also get more information on Tübingen at the Tourist Information Centre:

Bürger- und Verkehrsverein Tübingen e. V.

Tourist & Ticket Centre

An der Neckarbrücke 1, 72072 Tübingen
Telephone: 07071 9136-0 | E-mail: mail@tuebingen-info.de |
www.tuebingen-info.de

Opening times

Mon to Fri 10:00 to 18:00 | Sat 10:00 to 14:30
Sun and public holidays from May to September 11:00 to 14:30

***You can also find more information at
www.tuebingen.de***

Your stay in Germany

Your legal residence in Germany depends on whether you are a citizen of the European Union (EU), the European Economic Area (EEA) or Switzerland, or whether you have migrated from a third country (outside the EU) or as an ethnic German repatriate.

Freedom of movement for EU citizens and their family members

EU citizens may enter Germany and live here if they:

- work or are looking for work in Germany
- are registered for study or vocational training
- have adequate funding and health insurance

Family members from non-EU countries who move to Germany to join EU citizens are also allowed to live here. They need a residence card (German: Aufenthaltskarte) for this purpose.

Residence permit

A residence permit (German: Aufenthaltserlaubnis) allows you to live in Germany for a limited period of time and for a specific reason. The residence permit is issued to people who

- wish to study or undergo vocational training in Germany
- wish to work in Germany
- are entitled to stay in Germany under international law or for humanitarian or political reasons
- are taking part in the voluntary social year
- come to Germany for family reasons or
- are foreigners and former German nationals who want to return to Germany and
- hold a permanent residence permit in another EU Member State

Settlement permit

The settlement permit (German: Niederlassungserlaubnis) and the EU permit for permanent residency (German: Erlaubnis zum Daueraufenthalt-EU) are permanent and unrestricted residence permits for non-EU citizens. The following criteria must be fulfilled in order to obtain them:

- possession of a residence permit for 5 years
- financial self-sufficiency
- proof of having paid into the German pension fund for at least 60 months
- no criminal record
- work permit
- permit for self-employment
- a good command of the German language
- general knowledge about Germany
- registered place of residence

The municipal Immigration Office (German: Ausländeramt) will advise you about which residence title is applicable in your case:

Universitätsstadt Tübingen, Ausländeramt

Schmiedtorstrasse 4, 72070 Tübingen

Telephone: 07071 204-2553 |

E-mail: auslaenderamt@tuebingen.de

www.tuebingen.de/verwaltung/dienststellen#/A/auslaenderamt

auslaenderamt

Opening times

Mon to Fri 7:30 to 13:00 | Tue 7:30 to 18:00

Telephone consultation hours

If you need help, feel free to contact the Migration Advice Centre and the Advice Centre for Refugees and Asylum Seekers: see page 26.

Learning German

German courses for adults

A good command of the German language is of paramount importance for starting a new life in Germany, for employment and for coping with day-to-day life. This chapter gives you advice about where you can learn German as quickly as possible.

Entitlement to a language course

Depending on your residence status, you may be entitled to a German course, or even required by law to take an integration and literacy course. The Immigration Office (German: Ausländeramt, see page 8) or the Migration Advice Centres (German: Migrationsberatungsstellen, see page 26) will tell you whether you are entitled to a German course and, if so, which one.

German courses for immigrants with a residence permit

You can attend the mandatory courses only at certain institutions. The following institutions offer a certified German language course:

Volkshochschule Tübingen e. V. (Adult Education Centre)

Katharinenstrasse 18, 72072 Tübingen
Telephone: 07071 5603-21 or -11 |
E-mail: integration@vhs-tuebingen.de |
www.vhs-tuebingen.de

InFö e. V., Bildungs- und Migrationszentrum (Educational and Migration Centre)

Mauerstrasse 2, 72070 Tübingen
Telephone: 07071 33005 | E-mail: infoe@infoe-tuebingen.de |
www.infoe-tuebingen.de

VATTER Bildungszentrum (Educational Centre)

Derendinger Strasse 50, 72072 Tübingen
Telephone: 07071 7910-79 |
E-mail: d.vatter@bildungszentrum.de |
www.bildungszentrum.de

Sprachinstitut Tübingen (Language Institute)

Bismarckstrasse 94, 72072 Tübingen
Telephone: 07071 9354-10 | E-mail: sit@ib.de |
www.sit-sis.de/start.html

BBQ, Bildung und berufliche Qualifizierung gGmbH (Education and Vocational Qualification)

Europaplatz 7, 72072 Tübingen
Telephone: 07071 9652-70 | E-mail: info-tuebingen@biwe.de |
www.biwe-bbq.de/ueber-uns/vor-ort/tuebingen

Open offers

You can learn German or improve your German language skills free of charge at:

Adolf-Schlatter-Haus

Österbergstrasse 2, 72074 Tübingen
Telephone: 07071 23097 | E-mail: christina.schall@elkw.de

Asylzentrum Tübingen e. V. (Asylum Centre)

Neckarhalde 20, 72070 Tübingen
Telephone: 07071 44-115 |
E-mail: vorstand@asylzentrum-tuebingen.de |
www.asylzentrum-tuebingen.jimdo.com

Mehrgenerationenhaus, InFö e. V. (Multigenerational House)

Mauerstrasse 2, 72070 Tübingen
Telephone: 07071 97392-88
E-mail: mgh@infoe-tuebingen.de |
www.infoe-tuebingen.de

FBS, Familienbildungsstätte Tübingen e. V. (Family Educational Facility)

Hechinger Strasse 13, 72072 Tübingen
Tel. 07071 9304-66 | E-mail buero@fbs-tuebingen.de |
www.fbs-tuebingen.de

elkiko, Eltern, Kinder, Kontakte Familienzentrum e. V. (Parents, Children & Contacts Family Centre)

Lilli-Zapf-Strasse 17, 72072 Tübingen
Telephone: 07071 95873-00 | E-mail vorstand@elkiko.de |
www.elkiko.de/content

Stadtteiltreff Waldhäuser Ost Tübingen e. V. (district meeting point)

Berliner Ring 20, 72076 Tübingen
Telephone: 07071 25700-31 |
E-mail: deutsch.lesen@stadtteiltreff-who.de |
www.stadtteiltreff-who.de

Stadtteiltreff Brückenhaus (district meeting point)

Werkstrasse 8, 72074 Tübingen
Telephone: 07071 9688-07 |
E-mail brueckenhaus@kit-jugendhilfe.de |
www.brueckenhaus-tuebingen.de

**Stadtteiltreff and
Nachbarschaftliche Selbsthilfe (NaSe) (District Meeting
Point & Neighbourhood Self-Help)**

Janusz-Korczak-Weg 1, 72072 Tübingen
Telephone: 07071 3605-54 | E-mail: nase@kit-jugendhilfe.de |
www.buergertreff-nase.de

Further offers

If you are not entitled to a mandatory or subsidised German course, you can take a course at any time at your own expense. You can find courses with the above-mentioned providers or the following ones:

**d.a.i., Deutsch-Amerikanisches Institut Tübingen
(German-American Institute)**

Karlstrasse 3, 72072 Tübingen
Telephone: 07071 79526-0 | E-mail: mail@dai-tuebingen.de |
www.dai-tuebingen.de

Vivat Lingua!

Schellingstrasse 4/2, 72072 Tübingen
Telephone: 07071 88845-40 | E-mail: info@vivat-lingua.de |
www.vivat-lingua.de

You can find an up-to-date overview of German courses for immigrants who have a residence permit here:
www.kreis-tuebingen.de/Lde/Deutschkurse.html

Language support for children and young people

Learning German at pre-school age

Children are already assisted in learning German in their daycare centres. You can find important information about this here:

**Universitätsstadt Tübingen (University City of Tübingen),
Fachabteilung Kindertagesbetreuung
(Children's Daycare Department)**

Bei der Fruchtschranne 5, 72070 Tübingen
Telephone: 07071 204-1650
E-mail: kindertagesstaetten@tuebingen.de

Learning German at school

The easiest way for children to learn German is being together with other children. There are schools with special classes in which your children can learn German. These classes are called international preparatory classes (German: internationale Vorbereitungsklassen).

Multilingual/bilingual schools

Some schools in Tübingen offer multilingual lessons.

You can find out which schools have international classes or bilingual lessons in the multilingual brochure "Schools in Tübingen - Paths, Opportunities, Perspectives" at:
www.tuebingen.de/Dateien/schulen_in_tuebingen_2014.pdf

Native language lessons

Perhaps you want your children to learn to speak the language of their country of origin in addition to German. The brochure "Mehrsprachig aufwachsen – Ein Gewinn für Bildung" (Growing up multilingually – the educational benefit), published by the University City of Tübingen, provides a lot of information on this. You can find the brochure at:
www.tuebingen.de/Dateien/schulen_in_tuebingen_2014.pdf

Intercultural mediation

Intercultural mediation by the Caritas charity

The intercultural language mediators will accompany you if you visit authorities, for example, or if you go to a doctor's appointment and will provide assistance in your native language.

Caritas-Zentrum Tübingen (Caritas Centre)

Hechinger Strasse 43, 72072 Tübingen
Telephone: 07071 7962-33
E-mail: ivde@caritas-schwarzwald-gaeu.de |
www.caritas-schwarzwald-gaeu.de

Living in Tübingen

Finding a flat

There are many ways to find a new flat. You can read the local daily newspaper (in Tübingen: Schwäbisches Tagblatt = Swabian Daily Paper), the free weekly paper or the property to let classifieds on the Internet, or you can place your own ad to say that you are looking for a flat. You must register your new address at the responsible Citizens' Advice Bureau (Bürgerbüro) for your new place of residence after each move (see page 6 for Tübingen).

In Tübingen, many people live in Wohngemeinschaften (= flat-sharing communities), often abbreviated to WGs. This means that several people share a flat. You can find a room in a flatshare, for example, at: www.wg-gesucht.de

The most important tools for the search and state support services are compiled here:
www.tuebingen.de/wohnen

Universitätsstadt Tübingen (University City of Tübingen), Commissioner for Housing and Accessible Buildings

Brunnenstrasse 3, 72074 Tübingen
Telephone: 07071 204-2281 |
E-mail: wohnraum@tuebingen.de

Clearingstelle Wohnen (Accommodation Clearing Centre)

Brunnenstrasse 3, 72074 Tübingen
Telephone: 07071 204-1726 |
E-mail: soziale-hilfen@tuebingen.de

Housing for Refugees

Refugees with a residence permit are allowed to choose their own housing. However, if they cannot find a place to live, the Tübingen City Administration is responsible for providing follow-up accommodation for refugees. The City uses its own available housing and GWG housing for this purpose. It also rents housing from private owners. Since most refugees initially receive benefits from the social welfare agencies, the Job Centre assumes the costs for follow-up accommodation.

Here, you will find more information on housing for refugees:

Universitätsstadt Tübingen (University City of Tübingen), Fachabteilung Hilfen für Geflüchtete (Department of Refugee Aid)

Housing Management

Derendinger Strasse 50, 72072 Tübingen
Telephone: 07071 204-1763 |
E-mail: hilfen.fuer.gefluechtete@tuebingen.de |
www.tuebingen.de/fluechtlinge/

Rent and rental agreements

In Germany, rent is usually divided into 2 parts. The "cold rent" (Kaltmiete) is just the rent for the flat without water, heating, rubbish disposal or any other service charges. The "warm rent" (Warmmiete), on the other hand, includes all the costs incurred by the flat (cold rent + additional costs). That is the amount that must be paid to the lessor each month.

The cost of electricity is not included in the warm rent. A separate contract must be concluded for this, directly with the electricity provider, for example with the "Tübinger Stadtwerke" utility company (www.swtue.de). They will also give you tips on how you can reduce your additional costs.

You will also receive an annual final account each year. The additional costs will include standard costs for water and heating. If your consumption is higher or lower than expected, you will either have to pay the outstanding amount or get a refund of overpayments transferred to your bank account.

The rental agreement stipulates the costs as well as the tenants' and lessor's rights and obligations. The duration of the tenancy is also specified in the rental agreement.

The majority of rental agreements require a deposit. The deposit is a payment you pay to the lessor when you move into the new flat. The deposit serves as security to cover any payment shortfalls or damage to the flat. The deposit will be paid back to you when you move out of the flat if you have not damaged anything in it.

Support for tenants

Subsidised housing eligibility certificate and housing allowance

Subsidised housing (German: Sozialwohnungen) with a lower rent is available for people with low incomes. You need a subsidised housing eligibility certificate (German: Wohnberechtigungsschein – WBS) to be able to live in this kind of accommodation.

Another option to get financial support for rent is the housing allowance (German: Wohngeld). You can apply for the subsidised housing eligibility certificate and the housing allowance at:

Universitätsstadt Tübingen, Fachabteilung Soziale Hilfen, Soziale Leistungen (Department of Welfare and Social Services)

Derendinger Strasse 50, 72072 Tübingen
Tel. 07071 204-1850 | E-mail: soziale-hilfen@tuebingen.de

Many tenants are members of associations that help them when problems arise with rental agreements, with the lessor or when other questions crop up. You can get advice from an association like this for a fee if you have any general or legal questions:

Deutscher Mieterbund Reutlingen-Tübingen e. V. (German Tenants' Association)

Katharinenstrasse 18, 72072 Tübingen
Telephone: 07121 446-11 |
E-mail: info@mieterbund-rt-tue.de |
www.mieterbund-rt-tue.de

Further residential rules

Quiet periods

Everyone is expected to comply with mandatory quiet periods for peaceful coexistence in their neighbourhood. That means that noise may not be made at certain times. Therefore, you should not play loud music, for example, or use noisy appliances such as vacuum cleaners, lawn mowers or similar.

The following quiet periods apply as a rule:
At night 22:00 - 6:00 | Sat 13:00 to 15:00 | Sun all day

Snow clearing and gritting ("winter service")

Your rental agreement may include provisions which state that you (and any other tenants in the building) are responsible for clearing snow and ice from the driveway and the pavement in front of the building during the winter.

"Sweeping week" (Kehrwoche)

Some buildings have rules that the hallway and the stairs have to be cleaned at regular intervals. The tenants take turns doing that. A small sign labelled "Kehrwoche" is usually put on the door of the flat whose turn it is to clean communal areas during that specific week.

Pets¹

Check your rental agreement or talk to your lessor to find out if pets are allowed in your flat.

Rubbish

In Germany, rubbish is sorted and disposed of in different ways. Each flat or the entire building has differently coloured rubbish bins for this disposal. Tübingen has the following rubbish bins:

Green rubbish bin: organic waste

Food leftovers, fruit, vegetables, coffee filter papers and similar items go in this bin.

Yellow sack

All plastic waste such as packaging, yogurt pots etc. goes in the yellow sack. Every household receives a roll of yellow sacks at the beginning of the year. If you need more, you can get them at the Citizens' Advice Bureau or the Administration Offices.

Blue rubbish bin: waste paper

Newspapers, cardboard and other paper goes in this bin. Alternatively, paper waste is also collected by Tübingen clubs & societies. For this, the paper waste can be placed in a pile on the pavement on specific days. However, Tübingen's clubs & societies no longer collect the waste

¹ Dogs must be registered in Germany. They also require certain vaccinations. You can find more information at the responsible Citizens' Advice Bureau (see pages 6 and 7).

paper bundles in all districts of the city. You can find out whether waste paper bundles are collected in your street in the waste calendar.

Glass

Bottles and jars are collected in glass containers which are installed at various places.

Black rubbish bin: other waste

Any other waste that does not fall into the above categories goes in the black bin.

Special waste: hazardous substances

Hazardous substances include household chemicals and other toxic and dangerous substances such as batteries, disinfectants, energy-saving light bulbs, aerosol cans with contents etc. You can hand these in at the hazardous waste collection point in Tübingen. Used batteries can also be returned to the shops where they were purchased.

Bulky waste

Besides the usual waste, bulky waste is collected on specific dates or upon request. Waste that does not fit into standard rubbish bins can then be disposed of. That includes, for example, old furniture or electrical appliances which are no longer working. Such rubbish is placed on the pavement in the evening before the collection date.

Waste calendar

All rubbish bins and the yellow sacks are emptied or taken away regularly. For this, they must be placed on the pavement. Please make sure that the bin is positioned on the pavement with the handle facing the road. When you register your place of residence in Tübingen, you will be given a rubbish collection calendar that lists the collection days. The waste calendar can also be found at: www.abfall-kreis-tuebingen.de. You are also advised to take notice of which bin is being placed on the street in your neighbourhood.

Further information on waste disposal and the locations of the waste glass containers and the hazardous waste collection points can be found at: www.abfall-kreis-tuebingen.de

If there is no bin available when you move in or if you have problems with collection or anything else, please contact the Tübingen District Council:

Landratsamt Tübingen

Wilhelm-Keil-Strasse 50, 72072 Tübingen

Telephone: 07071 207-1302 |

E-mail: AWB@kreis-tuebingen.de

Repair guide

Resource conservation is an important issue. Using the slogan "Repair instead of throwing away", the Tübingen Waste Management Office (AWB) has compiled a repair guide. In it, you can find numerous companies that offer repairs or lend out the necessary equipment, as well as repair cafés. You can find more information at: www.reparaturfuehrer-tuebingen.de

Alternative use

Many items (for example, furniture and old clothes) that are being thrown away can still be used by other people. There are exchange and giveaway websites on the Internet where you can often find someone who can make use of them. In second-hand shops or at the "Retour" second-hand goods exchange, you can give things away as well as buy used goods.

You can find more information at:

www.retour-tuebingen.de

Internet and telephone

You can find information about the Internet and telecommunications services in this section.

Landline telephone and Internet

You need a landline and Internet connection (both are usually offered in one package) in order to make phone calls from home and surf the Internet. There are many private telephone service providers who offer contracts at different prices and with different services.

Mobile phone contracts

There are also many mobile phone service providers. These contracts are generally valid for two years. Once the minimum contract period has expired, you can terminate your contract with one month's notice.

Health

Prepaid SIM cards

You have full cost control with a prepaid SIM card. It is a SIM card which you can top up once you have used up the credit. You can get it from a mobile phone service provider.

Making international calls

There are cost-effective international telephone tariffs for landline and mobile phone contracts, as well as for prepaid SIM cards. You can get more information from your service provider or on the Internet.

Contracts in general

With landline and mobile phone contracts, costs are often incurred in addition to the monthly fixed charge. Please make sure you understand all the terms and conditions before you sign a contract.

Public Wi-Fi hotspots

You can surf the Internet using a public Wi-Fi hotspot in many places in Tübingen. Many companies and restaurants offer free hotspots if you use their services or purchase food and drinks. The city of Tübingen also offers Wi-Fi hotspots in the city centre and in Derendingen. The locations of the city's public hotspots are shown on the city map:
www.tuebingen.de/mobil/stadtplan/wlanhotspots

Medical care

If you have taken out health insurance, it is advisable that you choose a general practitioner (German: Hausärztin/ Hausarzt). A GP is the first point of contact for all general health problems.

If your GP cannot provide the treatment you need, you will be referred to a specialist (for example: an ophthalmologist). You will then be given a referral form that you must take with you to your further appointment. In addition to your own health, there are doctors who deal specifically with the health of your children (paediatricians).

Medicines

Some medicines, such as mild painkillers (for example, for headaches), can be bought without a prescription at any pharmacy. Others must be prescribed by a doctor beforehand and can only be bought from a pharmacy if you have a prescription.

More information is available from the health department at the Tübingen District Council:

Landratsamt Tübingen, Gesundheit (Health)

Wilhelm-Keil-Strasse 50, 72072 Tübingen

Telephone: 07071 207-3303 |

E-mail: d.zug@kreis-tuebingen.de

Drinking water

You can drink tap water in Germany. The water quality is excellent. The Public Health Department regularly checks the quality of the water.

Insurance

Statutory insurance schemes: social insurance (= National Insurance)

There are many public insurance schemes that provide support in old age and in cases of poor health, unemployment and accidents. Every employed person pays into the insurance scheme for this. Everyone gets help when they need it.

Statutory health insurance

Every person in Germany must have health insurance. There are many different health insurance companies. Everyone who is required to take out insurance is usually covered by the statutory health insurance. You can choose your health insurance company yourself.

If your spouse is already insured, you and your children can also be co-insured there (family insurance). You will be given a health insurance card as proof of your health insurance membership. Please always take the card with you when you visit a doctor because you will need to show it there.

You can register with a health insurance company:

- directly with the health insurance company or
- through your employer.

Contact the advice centres of your health insurance company if you have specific questions about your membership.

A voluntary membership is possible if you are above the earnings limit or if you are self-employed. You can get family insurance if you are married, in a registered civil partnership or if you are a child.

Foreign health insurance

When you arrive in Germany, you may stay covered by the health insurance from your country of origin until you start working in Germany. If you are employed abroad but are working in Germany for a certain period of time, you can also take out international health insurance in your home country.

Statutory pension insurance (Rentenversicherung)

The statutory pension insurance pays you money in your old age. This is usually after the age of 67.

Nursing care insurance (Pflegeversicherung)

Nursing care insurance will help you if you can no longer look after yourself. For example, it pays for a carer to help you in your everyday life.

Unemployment insurance (Arbeitslosenversicherung)

Unemployment insurance pays you money if you have lost your job.

Accident insurance (Unfallversicherung)

Accident insurance will pay you benefits if you can no longer work as the result of an accident.

Private insurance

Insurance policies protect you and your family against high costs, for example, in the event of illness or loss. Some insurance policies are required by the state (see Statutory insurance), while others are voluntary. We want to give you an overview of some voluntary insurance policies below.

Private health insurance (Private Krankenversicherung)

The principle of freedom of contract applies to private health insurance. This means that applications from people with pre-existing conditions or who are very old may be rejected. If you have private health insurance, you must also take out private nursing care insurance.

You can find more information on health insurance on the website of the Federal Ministry of Health: www.bundesgesundheitsministerium.de/themen/krankenversicherung (health insurance)

Private liability insurance (Private Haftpflichtversicherung)

Private liability insurance will cover any damage caused by you to another person's property. If you have any children, it is recommended to co-insure them.

Household contents insurance (Hausratversicherung)

Household contents insurance policies cover damage in your own household. Make sure that the insured sum does not exceed the value of the items in your household.

Occupational disability insurance (Berufsunfähigkeitsversicherung)

Occupational disability insurance helps you if you can no longer carry out your current occupation or are unable to work at all for various reasons.

Legal protection insurance

Legal protection insurance will help you in the event of legal proceedings. That means that it will pay the costs for a lawyer.

Life assurance

Life assurance provides financial security, for example for family members if the insured person dies.

Children and families

Birth

Newborns must be registered in Germany within a week after their birth. If you give birth to your child at the Tübingen University Gynaecological Hospital (Universitätsfrauenklinik Tübingen), you can complete the registration while you are there. Otherwise, you should go to the Register Office:

Universitätsstadt Tübingen, Standesamt

Schmiedtorstrasse 4, 72070 Tübingen

Telephone: 07071 204-1534

E-mail: standesamt@tuebingen.de

Nurseries and day care

Children between the ages of one and six are cared for in Tübingen's nurseries and day care units. Some facilities also offer places for children under one year of age. Some

offer basic daycare places (mornings only) and others offer extended daycare places (all day). Your children will play and learn together with other children, practice German and prepare for school. You can register your child via the on-line portal: www.tuebingen.de/anmeldung-vergabe-kita

If you need further information, please contact the Central Registration Centre for Children's Daycare: **Universitätsstadt Tübingen (University City of Tübingen), Zentrale Anmeldung Kindertagesbetreuung (ZAK)**
Bei der Fruchtschranne 5, 72070 Tübingen
Telephone: 07071 204-1456
E-mail: zak@tuebingen.de

School

In Germany, children, and young people between the ages of six and 18 must attend school. This means that children who turn six before 30th September in any year must attend school from that year onwards. Please register your child with a school no later than six months after your arrival in Germany.

You can seek advice on schooling from the Schools and Sports Department:
Universitätsstadt Tübingen (University City of Tübingen), Fachabteilung Schule und Sport
Bei der Fruchtschranne 1, 72072 Tübingen
Telephone 07071 204-1540
E-mail: schulsportamt@tuebingen.de

You can find more information in the brochure "Schulen in Tübingen – Wege, Chancen, Perspektiven" (Schools in Tübingen – Educational Paths, Opportunities and Prospects) published by the University City of Tübingen: www.tuebingen.de/Dateien/schulen_in_tuebingen_2014.pdf

Parents

For both pre-school and school-age children, parents are the most important partners of nurseries and schools. Things aren't possible without the co-operation and participation of parents. It is therefore important that parents attend the parents' evenings (Elternabende), participate in school events and regularly talk to the teachers at the nursery or school. Parents' rights and duties are summarised in the brochure "Schulen in Tübingen – Wege, Chancen, Perspektiven" (Schools in Tübingen – Educational Paths, Opportunities and Prospects).

INET – Interkulturelles Netzwerk Elternbildung Tübingen (Tübingen Intercultural Parental Education Network)

The multilingual parent counsellors in the INET project, also called multipliers or “multis”, assist parents with their questions about daycare, school and education. When requested, they will accompany parents to talks at daycare centres, schools and other institutions.

You can find more information at:

Universitätsstadt Tübingen (University City of Tübingen), Gleichstellung und Integration (Equality and Integration Office)

Münzgasse 20, 72070 Tübingen

Telephone: 07071 204-1469

E-mail: vielfalt@tuebingen.de |

www.tuebingen.de/inet

Support for children and families

Child benefit (Kindergeld)

In Germany, every child is entitled to child benefit from birth until the age of 18. In special cases, the child benefit payments can be extended until the age of 25. Child benefit amounts to EUR 250 per month for each child. Child benefit can be applied for at the Family Benefits Office (Familienkasse). They will give you detailed advice on child benefit.

Familienkasse Baden-Württemberg Ost

Standort Reutlingen

Marktstrasse 150, 72793 Pfullingen

Telephone: 0800 4555530 |

E-mail: familienkasse-reutlingen@arbeitsagentur.de

Parental allowance (Elterngeld and ElterngeldPlus)

Mothers and fathers who look after their children after birth and interrupt their employment fully or in part receive parental allowance (Elterngeld). The amount of parental allowance depends on the assets and income of the parents and is calculated individually.

ElterngeldPlus (parental allowance plus) is another flexible way to combine child raising and work. Parental allowance (Elterngeld and ElterngeldPlus) can be applied for at your local Citizens' Advice Bureau or Administration Office (see pages 6 and 7).

Education and Participation Package (Bildungs- und Teilhabepaket)

If you receive citizen's income (formerly Arbeitslosengeld II / “Hartz IV”), or benefits under Social Code XII, or under the Asylum Seekers' Benefits Act (AsylbLG), you can apply for benefits for education and participation. These benefits can be used, for example, to pay for school field trips, class outings, extra tuition, stationery, and lunch for pupils. You can find more information at www.bildungspaket.bmas.de or at the Tübingen District Council.

KreisBonusCard

The KreisBonusCard is available for families who live just above the income threshold. It provides access to various facilities (e.g. swimming pools), clubs & societies and organisations.

KreisBonusCard Junior

This card gives a range of discounts for children and young people. For example, membership of a club, admission to a museum or school supplies. The KreisBonusCard Junior is available to all children and young people between the ages of 0 and 18 whose parents receive social welfare benefits.

You can find more information at:

Landkreis Tübingen, Soziales (Social Welfare Office, Administrative District of Tübingen)

Wilhelm-Keil-Strasse 50, 72072 Tübingen

Telephone: 07071 207-2045 |

E-mail: bildungspaket@kreis-tuebingen.de

Universitätsstadt Tübingen, Familienbeauftragte (Family Officer)

Derendinger Strasse 50, 72072 Tübingen

Telephone: 07071 204-1531 | E-mail: familie@tuebingen.de

Education and studying

Education

The dual education system

Vocational training is an option after leaving school. The dual education system combines an apprenticeship with a company and vocational education at a vocational college. Apprentices gain the theoretical knowledge relevant to their future occupation at a vocational college and gain the practical skills with their employer. You can find an overview of the vocational schools in the brochure "Schulen in Tübingen – Wege, Chancen, Perspektiven" (Schools in Tübingen – Educational Paths, Opportunities and Prospects) at: www.tuebingen.de/Dateien/schulen_in_tuebingen_2014.pdf

Vocational guidance and advice

Most schools assist pupils with career guidance from Year 7 (age 12-13) onwards. Guidance is available for young people who do not know what they want to do after leaving school. More advice can be obtained at the following drop-in centres:

Berufsinformationszentrum Reutlingen (BiZ) (Job Information Centre)

Ulrichstrasse 38, 72764 Reutlingen |
Telephone: 07121 309-900 |
E-mail: reutlingen.biz@arbeitsagentur.de

Virtuelle Jugendberufsagentur Tübingen (Virtual Youth Employment Agency)

Agentur für Arbeit Reutlingen Zweigstelle Tübingen
(Reutlingen Employment Agency, Tübingen branch)
Konrad-Adenauer-Strasse 12, 72072 Tübingen
Telephone: 0800 4 5555-00 | E-mail: Tuebingen.Berufsberatung@arbeitsagentur.de | www.jubatue.de

BBQ, Bildung und berufliche Qualifizierung gGmbH (Education and Vocational Qualification)

Europaplatz 7, 72072 Tübingen
Telephone: 07071 96527-0 |
E-mail: info-tuebingen@biwe.de |
www.biwe-bbq.de/ueber-uns/vor-ort/tuebingen

Jugendmigrationsdienst – Diakonisches Werk Tübingen (Youth Migration Service - Protestant Church social welfare organisation)

Hechinger Strasse 13, 72072 Tübingen
Telephone: 07071 9304-76 | www.jmd-tuebingen.de

K.I.O.S.K. – Kontakt- und Anlaufstelle zur Berufsorientierung für Jugendliche; kit Jugendhilfe (Contact and drop-in centre for vocational guidance for young people; youth welfare kit)

Lorettoplatz 30, 72072 Tübingen
Telephone: 07071 7639455 | 0151 58106617 |
E- kiosk@kit-jugendhilfe.de | <https://www.kiosk-tuebingen.de>

Voluntary service

After leaving school, it is possible to do one year of voluntary service. The minimum age for this is 15. There are various areas where you can get involved. These include care, facilities for disabled people, childcare, culture and nature. A voluntary social or ecological year gives young adults the chance to find their occupational orientation. You can find more information at: www.ich-will-fsj.de and www.föj.de

Studying

The Eberhard Karls University of Tübingen is the second largest university in the state of Baden-Württemberg and covers a wide range of disciplines. You can find information on the university's homepage: www.uni-tuebingen.de

Student Guidance and Counselling Centre (Zentrale Studienberatung – ZSB)

The ZSB will advise you about how to apply for a place at university and what the requirements are:

Student Guidance and Counselling Centre (Zentrale Studienberatung – ZSB)

Wilhelmstrasse 11, 72074 Tübingen
Telephone: 07071 29-72555 | E-mail: zsb@uni-tuebingen.de

Department of International Affairs (Dezernat Internationale Angelegenheiten)

Students from abroad can contact the Eberhard Karls University of Tübingen Department of International Affairs for advice and regarding admission:

Beratung und Zulassung internationaler Studierender (BEZIS)
Nauklerstrasse 2, 72074 Tübingen
Telephone: 07071 29-76833 | E-mail: study@uni-tuebingen.de

Employment and jobs

The following section will provide you with some important information on working in Germany.

Work permit

Non-EU citizens need a residence permit that allows them to work in Germany. EU citizens can work without restrictions. Please enquire at the Immigration Office (see page 8) as to whether you are allowed to work.

Recognition of foreign qualifications

If you have already graduated abroad, you can have it recognised in Germany. The following authorities are responsible for this:

Foreign school, college and university qualifications:
Central Office for Foreign Education
 (Zentralstelle für ausländisches Bildungswesen – ZAB)
www.kmk.org/zab.html

You can find out whether your university in your home country is recognised in Germany at www.anabin.de

Professional qualifications:
Chamber of Commerce and Industry
 (Industrie- und Handelskammer – IHK)
 Hindenburgstrasse 54, 72762 Reutlingen
 Telephone: 07121 2010 | E-mail: kic@reutlingen.ihk.de |
www.reutlingen.ihk.de

Qualifications from general (non-vocational) schools:
Regional Administrative Authority of Stuttgart
 (Regierungspräsidium Stuttgart)
 Department 7 – School and Education,
 Accreditation Authority
 Ruppmannstrasse 21, 70565 Stuttgart
 Telephone: 0711 904-17170 |
 E-mail: anerkennungsstelle@rps.bwl.de |
<https://rp.baden-wuerttemberg.de/rps/abt7/zeugnisanerkennungsstelle/>

If you need advice on getting your qualifications recognised, you can contact the following advice centre:

IN VIA Advice Centre for the Recognition of Foreign Vocational Qualifications for the Administrative District of Tübingen
 Wengengasse 15, 89073 Ulm
 Telephone: 0731 388522-13 |
 E-mail: anerkennung@invia-drs.de |
<https://invia-drs.de/gemeinsam-perspektiven-entwickeln/beratung-zu-auslaendischen-abschluessen>

Job-hunting

The German Federal Employment Agency (Bundesagentur für Arbeit) will assist you in finding a new job, getting an apprenticeship or further training and will provide you with important information on your career options in Germany. The German Federal Employment Agency and the Job Centre will also help you if you become unemployed. You can make an appointment with them for advice if you do not have a job upon your arrival in Germany.

Bundesagentur für Arbeit
 Konrad-Adenauer-Strasse 12, 72072 Tübingen
 Telephone: 0800 4 5555 00 |
 E-mail: Tuebingen@arbeitsagentur.de |
www.arbeitsagentur.de/vor-ort/reutlingen/tuebingen

Jobcenter Landkreis Tübingen
 (Administrative District of Tübingen, Job Centre)
 Schleifmühlweg 68, 72070 Tübingen
 Telephone: 07071 56520 | <https://jobcenter-tuebingen.de/>

Universitätsstadt Tübingen (University City of Tübingen), Fachabteilung Hilfen für Geflüchtete (Department of Refugee Aid)
 Kommunale Arbeitsmarktintegration für Geflüchtete (Communal Labour Market Integration for Refugees)
 Derendinger Strasse 50, 72072 Tübingen
 Telephone: 07071 204-1243 |
 E-mail: hilfen.fuer.gefluechtete@tuebingen.de |
www.tuebingen.de/fluechtlinge/

Unemployment

If you receive notice of termination, you should report to the Federal Employment Agency (Arbeitsagentur) as soon as possible. If your employment contract has a fixed term, you must report to the Employment Agency as early as three months before your employment contract expires. You will receive unemployment benefit (Arbeitslosengeld I) if you have had a job for more than twelve months in the past two years and have paid insurance contributions (see page 15, Unemployment insurance). If you become unemployed before the end of twelve months, you are entitled to citizen's income (formerly Arbeitslosengeld II / "Hartz IV"). In this case, the Job Centre will support and advise you.

Vocational training

Professional development is very important in Germany. Acquiring further qualifications is necessary for many occupations. The contact points for this are employers, the Federal Employment Agency or the following institutions:

Volkshochschule Tübingen e. V. (Adult Education Centre)

Katharinenstrasse 18, 72072 Tübingen
Telephone: 07071 5603-29 | E-mail: info@vhs-tuebingen.de | www.vhs-tuebingen.de

ttg team training GmbH

Holzmarkt 7, 72070 Tübingen
Telephone: 07071 513-96 | E-mail: info@team-training.de | www.team-training.de

BBQ, Bildung und berufliche Qualifizierung gGmbH (Education and Vocational Qualification)

Europaplatz 7, 72072 Tübingen
Telephone: 07071 96527-0 |
E-mail: info-tuebingen@biwe.de |
www.biwe-bbq.de/ueber-uns/vor-ort/tuebingen

VATTER Bildungszentrum (Educational Centre)

Derendinger Strasse 50, 72072 Tübingen
Telephone: 07071 7910-79 |
E-mail: tuebingen@bildungszentrum.de |
www.bildungszentrum.de

Qualifizierungsprojekt für die Altenpflege, InFö e. V. (Qualification Project for Geriatric Care)

Mauerstrasse 2, 72072 Tübingen
Tel. 07071 330-06 | E-mail: infoe@infoe-tuebingen.de |
www.infoe-tuebingen.de/altenpflege-projekt

Working life and employment rights

Employee rights

Every company with at least five employees can have a works council. It consists of elected colleagues who represent the employees' interests vis-à-vis those of the company. Please contact the works council if you need some type of support at your place of work.

Protection against unlawful dismissal

A company that has more than ten employees is subject to a statutory period of notice in Germany. The following general rule applies: A longer length of service entitles you to a longer statutory period of notice. The notice period, working hours, holidays and wage/salary are laid down in the employment contract.

Youth Employment Protection Act

Children and teenagers have special protection in Germany. There are laws that stipulate the permitted duration and type of work for teenagers. You can seek advice about the youth employment protection laws from the Tübingen District Council:

Landratsamt Tübingen, Kreisjugendreferat (District Youth Department)

Wilhelm-Keil-Strasse 50, 72072 Tübingen
Telephone: 07071 207-6154 |
<https://www.kreis-tuebingen.de/14469558.html>

Sick notes /

Certificate of incapacity for work

You must inform your employer as soon as possible if you are unable to come to work for health reasons. You need a sick note or certificate of incapacity for work from your doctor if you are absent from work for more than three days. This must be submitted to your employer on the fourth day of your illness at the latest, in which case you are considered to be on sick leave.

Continued payment of wages during an employee's illness

If you are ill for a longer period, your employer will pay you the full wage or salary for six weeks. After that, the statutory health insurance will pay 70% of your salary.

Taxes (PAYE)

Besides social security contributions (see page 15, Social insurance = National Insurance), you must also pay tax on your income. The taxes/contributions are automatically deducted from your wage/salary.

Your tax bracket and therefore the amount of tax/contributions payable depend on how much you earn, whether you are married or single, whether or not you have children and whether one spouse or two spouses is/are earning an income.

Church tax

If you are a member of the Catholic or Protestant church and stated that during your registration, you will automatically pay church tax. That will also automatically be deducted from your wage/salary.

Current account

You need a current account with a bank to receive your wage/salary or benefits/financial assistance from the state. Please open a current account with a bank of your choice as soon as possible after your arrival in Germany.

Mobility and transport

Local and long-distance public transport

Bus

Tübingen has a well-developed network of bus routes (see the route network map at: www.swtue.de/oePNV/fahrplan-und-liniennetz/liniennetz.html). Tickets can be bought from ticket machines, which are either at the bus stop or towards the front of each bus. You can buy tickets for each individual trip or one of the other offers, such as a 4-trip or monthly season ticket. For more information, visit www.naldo.de or the Tourist Information Centre:

Bürger- und Verkehrsverein Tübingen e. V. Tourist & Ticket Centre

An der Neckarbrücke 1, 72072 Tübingen
Telephone: 07071 9136-0 | E-mail: mail@tuebingen-info.de | www.tuebingen-info.de

Opening times

Mon to Fri 10:00 to 18:00 | Sat 10:00 to 14:30
Sun and public holidays from May to September 11:00 to 14:30

For students, it pays to have a semester ticket. If you enrol at the University of Tübingen, you will get a semester ticket voucher that you can redeem at one of the sales outlets - such as the Citizens' Advice Bureau (Bürgerbüro) or the Tourist Information Centre (Verkehrsverein).

All bus routes start from the Central Bus Station – right next to the Central Railway Station (Hauptbahnhof) – and will take you in all directions. You can check the departure times on the free naldo smartphone app or on the Internet at: www.naldo.de.

Train

There are several railway stations in Tübingen: the Central Station (Hauptbahnhof - Hbf), Tübingen-West, Tübingen-Lustnau, Tübingen-Derendingen, Unterjesingen-Mitte and Unterjesingen-Sandäcker, from where trains depart at regular intervals. Tübingen's Central Station (Hauptbahnhof) has the most connections. Tickets can be bought at the station, at the German Rail Travel Centre (DB Reisezentrum), from ticket machines or through the naldo and Deutsche Bahn apps.

Reisezentrum DB Tübingen Hbf (Travel Centre)

Europaplatz 17, 72072 Tübingen

Opening times

Mon to Fri 7:00 to 19:00 | Sat 8:00 to 17:00 | Sun 9:00 to 18:00

Note: You will be fined a minimum of EUR 60 if you cannot produce a validated ticket during a ticket inspection.

Taxi / Shared taxi services (Sammeltaxi - SAM)

Besides normal taxis, which mainly wait at Tübingen's Central Railway Station, Neckarbrücke and Wilhelmstrasse, or pick you up when you call, there are shared taxis.

These collect you from certain bus stops and will take you to your destination or a bus stop in the vicinity. In this case, several people share the taxi. Consequently, the fare is lower. Shared taxis must be reserved at least half an hour before departure by calling 07071 34-000. You can find more information at:

www.swtue.de/oePNV/fahrgastinformationen/sammel-anruf-mietwagen-sam.html

E-scooters

You can use e-scooters throughout the public transport area. Please note that e-scooters are prohibited in pedestrian zones and parks, where they may also not be parked. For more information about e-scooters in Tübingen, please visit:

www.tuebingen.de/verkehr

Long-distance travel

You can travel by train, bus or car for long-distance journeys.

There are also ride-sharing options where one person has a car and gives others a lift. Ride-sharing offers can be found on the Internet. You can also visit other cities by long-distance coach which you should book in plenty of time before the journey. Long-distance coach offers can also be found on the Internet.

Cycling

Tübingen is a bicycle-friendly city. You can buy a bicycle at many bicycle shops or at flea markets. Alternatively, you can rent a bicycle or e-bike for a short time from a bicycle rental shop.

The city promotes cycling by providing bike parking facilities, express routes and a comprehensive network of cycle paths.

Some workshops, such as the "Gepäckträger" or the "Werkstadthaus", will repair your bicycle cheaply or for free. You can also help with the repairs yourself.

You can find more information on cycling in Tübingen at: www.tuebingen.de/radfahren

Car driving

Driving licence

In Germany, every driver needs a valid driving licence (Führerschein). The EU driving licence entitles you to drive in any EU country – with only a few exceptions. If you have acquired your driving licence in a non-EU country and want to stay in Germany for a longer period of time, you may only drive with this licence for six months after arriving in Germany. Thereafter, you have to exchange your driving licence for a European Union driving licence card. Otherwise, you run the risk of committing the criminal offence of driving without a valid licence.

If you have entered Germany from a non-EU country and do not yet have a driving licence, you can acquire a German EU driving licence card under certain conditions.

If your main place of residence is in the district of Tübingen, you can contact the Driver Licensing Department (Führerscheinstelle) of the Tübingen District Council (Landratsamt Tübingen). They will give you more information: for example, about the required documents or whether your foreign driving licence can be transferred without a test, or whether you need to take a theory test and/or practical driving test.

The Driver Licensing Department (Führerscheinstelle) will be pleased to receive your application for a driving licence and will issue the driving licence to you after having checked your documents for compliance:

Landratsamt Tübingen, Führerscheinstelle

Wilhelm-Keil-Strasse 50, 72072 Tübingen

Telephone: 07071 207-4380 |

E-mail: fuehrerschein@kreis-tuebingen.de

You can find more information on the Internet at: www.kreis-tuebingen.de (under the heading "Viel Gefragt" [FAQ] - "Kfz-Führerschein" = Vehicle Driving Licence).

Reregistration of cars

If you bring your car from abroad and want to use it over here, you must register your car as soon as possible. You can do that at the Vehicle Licensing Department (Kfz-Zulassungsstelle).

Landratsamt Tübingen, Kfz-Zulassungsstelle

Wilhelm-Keil-Strasse 50, 72072 Tübingen

Telephone: 07071 207-4380 |

E-mail: zulassungsstelle@kreis-tuebingen.de

Motor insurance

Every vehicle registered in Germany must be insured, and there are different types of insurance. Third-party motor vehicle insurance is mandatory as a minimum. It will pay for any damage caused by you to other motor vehicles in the event of an accident.

Parking

Many areas of Tübingen have residents' parking permits. This means that the available parking spaces are primarily for the residents living there. If such a permit is required in your residential area, you can apply for it at the Citizens' Advice Bureau (Bürgerbüro, see pages 6 and 7) responsible for your area. Several multi-storey car parks are situated close to the old town. Charges are payable for both multi-storey and open-air car parks.

Emission sticker (Umweltplakette)

You may only drive a car that complies with a certain environmental standard in Tübingen and many other cities in Germany. That means that cars with high exhaust emissions may not enter certain areas. The emission sticker shows how much exhaust pollution your car produces. You may only drive with a green emission sticker in Tübingen and its districts. You can obtain an emission sticker from the Vehicle Licensing Department of the Tübingen District Council (KfZ-Zulassungsstelle, Landratsamt Tübingen).

Car-sharing and COONO

You can also become a member in the "teilAuto" car-sharing club if you do not have your own car. The club charges a basic fee per month plus a fee per kilometre driven. The cars are located at different places in the city and can be used at any time. For more information, visit: www.teilauto-tuebingen.de

COONO is provided by Stadtwerke Tübingen (utility company). You can rent e-scooters and e-cars in the area using the COONO app. You can find more information at: www.coono-sharing.de

Traffic regulations (Highway Code)

You can find information on the basic rules of the road, whether you are on foot, or travelling by bus, train, car or bicycle, at: www.germanroadsafety.de

Citizenship and political participation

Clubs & societies

Community life is very varied in Tübingen. You can find more information about the clubs & societies in the club database of University City Tübingen Town: www.tuebingen.de/vereine and from

BüroAktiv Tübingen e. V.

BüroAktiv e. V. collects all information about Tübingen's clubs & societies and action groups. If you want to join a club/society or action group, you can get personal advice there:

Bei der Fruchtschranne 6, 72070 Tübingen
Telephone: 07071 21315 | info@bueroaktiv-tuebingen.de | www.bueroaktiv-tuebingen.de
Here, you can find a guide to clubs/societies and action groups in Tübingen.

You can also get more information here:

Universitätsstadt Tübingen (University City of Tübingen), Fachabteilung für Bürgerbeteiligung, Veranstaltungen und Zentrale Dienste (Department for Public Participation, Events and Central Services)

Am Markt 1, 72070 Tübingen
Telephone: 07071 204-1532
E-mail: buengerengagement@tuebingen.de

Tübingen BürgerApp (Citizens' App)

The BürgerApp allows all residents of Tübingen above the age of twelve to participate in surveys on current topics. The app can be downloaded free of charge from the App Store. You will receive an activation code from the University City of Tübingen by post

You can find more information at:
www.tuebingen.de/buergerapp

Political participation

Tübingen residents can participate in local political opinion-forming and decision-making processes. German citizens have the right to vote and stand for election at federal (national) and state level, and German and EU citizens can do this at the municipal level. Tübingen has the following political bodies: Municipal Council, local councils, local advisory councils, Youth Municipal Council and Integration Council.

Integration Council

The Integration Council advises the Municipal Council and the City Administration on issues affecting people who have migrated or fled and on integration policy issues. In addition to twelve expert residents, the Council includes members of the Municipal Council as well as the Integration Commissioner. Anyone over the age of 18 who resides in Tübingen can become a member of the Integration Council. The Integration Council is elected by the Municipal Council.

You can find more information at:
www.tuebingen.de/integrationsrat

Information and advice

Advice centres

Tübingen has many different clubs, societies and institutions that can support you when you arrive in Germany and also later on. You can find out about Tübingen clubs/societies, citizens' action groups and public organisations via the following link: www.tuebingen.de/vereine. We want to introduce you to some of them in the following section.

General advice centres for migrants

Here, people who have migrated or fled can find initial contact points that can help them with many of their questions. We recommend that you contact these offices immediately after arriving in Tübingen.

Migrationsberatung für erwachsene Zuwanderer (Migration advice for adult immigrants) – Caritas-Zentrum
Hechinger Strasse 43, 72072 Tübingen
Telephone: 07071 79 62-0
www.caritas-schwarzwald-gaeu.de

Migrationsberatung für erwachsene Zuwanderer (Migration advice for adult immigrants) – InFö e. V.
Mauerstrasse 2, 72070 Tübingen
Telephone: 07071 3300-5 | E-mail: infoe@infoe-tuebingen.de | www.infoe-tuebingen.de

Jugendmigrationsdienst – Diakonisches Werk Tübingen (Youth Migration Service - Protestant Church social welfare organisation)
Hechinger Strasse 13, 72072 Tübingen
Telephone: 07071 9304-76 | E-mail: uwe.gieseler@elk-wue.de | <https://www.jugendmigrationsdienste.de/jmd/tuebingen>

Refugees and asylum seekers

Landkreis Tübingen, Fachdienst für Geflüchtete (Special Service for Refugees)
Wilhelm-Keil-Strasse 50, 72072 Tübingen
Telephone: 07071 207-6177 | www.fluechtlinge-kreistuebingen.de

Universitätsstadt Tübingen, Fachabteilung Hilfen für Geflüchtete (Department of Aid for Refugees of the University City of Tübingen)
Derendinger Strasse 50, 72072 Tübingen
Telephone: 07071 204-1583 | E-mail: hilfen.fuer.gefluechtete@tuebingen.de | www.tuebingen.de/verwaltung/dienststellen/hilfen_fuer_gefluechtete

Asylzentrum Tübingen e. V. (Asylum Centre)
Neckarhalde 40, 72070 Tübingen
Telephone: 07071 441-15 | E-mail: vorstand@asylzentrum-tuebingen.de | www.asylzentrum-tuebingen.jimdo.com

Move on – menschen.rechte Tübingen e. V. (human rights organisation)
Januzh Korczak Weg 1, 72072 Tübingen
Telephone: 07071 96699-40 | E-mail: info@planb.social | www.planb.social

Refugio Stuttgart e. V., Regionalstelle Tübingen (Tübingen branch office of Refugio Stuttgart for traumatised refugees)
Kohlplattenweg 5, 72074 Tübingen
Telephone: 07071 9904619
E-mail: tuebingen@refugio-stuttgart.de | <https://www.refugio-stuttgart.de/en/home.html>

Children and families

Universitätsstadt Tübingen, Familienbeauftragte (Family Officer)
Derendinger Strasse 50, 72072 Tübingen
Telephone: 07071 204-1531 | E-mail: familie@tuebingen.de

Universitätsstadt Tübingen (University City of Tübingen), Fachbereich Bildung, Betreuung, Jugend und Sport (Department of Education, Care, Youth and Sport)
Bei der Fruchtschranne 5, 72070 Tübingen
Telephone: 07071 204-1550 | E-mail: kinder-jugend@tuebingen.de

FBS, Familien-Bildungsstätte e. V. (Family Education Centre)
Hechinger Strasse 13, 72072 Tübingen
Telephone: 07071 930466 | E-mail: buero@fbs-tuebingen.de | www.fbs-tuebingen.de

kit Jugendhilfe – Tübinger Verein für Sozialtherapie bei Kindern und Jugendlichen e. V. (organisation for social therapy for children and young people)
Lorettoplatz 30, 72072 Tübingen
Telephone: 07071 5671-0 | E-mail: mail@kit-jugendhilfe.de | www.kit-jugendhilfe.de

elkiko Eltern, Kinder, Kontakte Familienzentrum e. V. (Family Centre)

Lilli-Zapf-Strasse 17, 72072 Tübingen
Telephone: 07071 9587300 | E-mail: vorstand@elkiko.de |
www.elkiko.de

Pro familia – Kreisverband Tübingen / Reutlingen e. V. (sexual and reproductive health and rights organisation)

Hechinger Strasse 8, 72072 Tübingen
Telephone: 07071 34151 | E-mail: tuebingen@profamilia.de |
www.profamilia-tuebingen.de

Kinderschutzbund e. V. (Child Protection Association)

Keplerstrasse 5, 72074 Tübingen
Telephone: 07071 61334 |
E-mail: info@kinderschutzbund-tuebingen.de |
www.kinderschutzbund-tuebingen.de

Women and Girls / Men and Boys

Mädchen*treff e. V. (advice for girls and young women)

Weberstrasse 8, 72070 Tübingen
Telephone: 07071 5500-22 |
E-mail: info@maedchentreff-tuebingen.de |
www.maedchentreff-tuebingen.de

tima e. V. Tübinger Initiative für Mädchen*arbeit (Action Group for Girls)

Hirschauer Strasse 1, 72070 Tübingen
Telephone: 07071 7630-06 | E-mail: team@tima-ev.de |
www.tima-ev.de

Frauen*ProjekteZentrum e. V. (Women's Project Centre)

Weberstrasse 8, 72070 Tübingen
Telephone: 07071 4109-78 |
E-mail: info@frauenprojektezentrum.de |
www.frauenprojektezentrum.de

Frauen helfen Frauen e. V. (Women help Women)

Weberstrasse 8, 72070 Tübingen
Telephone: 07071 666-04 |
E-mail: fhffrauenhaus.tue@t-online.de |
www.frauen-helfen-frauen-tuebingen.de

Frauencafé achtbar Tübingen e. V. (Women's Café)

Weberstrasse 8, 72070 Tübingen
Telephone: 0176 47377649 |
E-mail: info@achtbar-tuebingen.de |
www.achtbar-tuebingen.de

Pfunzkerle e. V. (for men & boys)

Unter dem Holz 3, 72072 Tübingen
Telephone: 070713609-89 | E-mail: info@pfunzkerle.org

AGIT Anlaufstelle Sexualisierte Gewalt in Tübingen für Frauen*Männer (Drop-in centre - Sexual Violence in Tübingen for Women & Men)

www.agit-tuebingen.de

People with disabilities

Landkreis Tübingen,

Beratungs- und Sozialdienst für Menschen mit Behinderungen und ihre Familien (Advice and Social Service for People with Disabilities and their Families)

Wilhelm-Keil-Strasse 50, 72072 Tübingen
Telephone: 07071 207-6105 |
E-mail: beratungs-und-sozialdienst@kreis-tuebingen.de

Universitätsstadt Tübingen, Beauftragter für Inklusion (Inclusion Commissioner)

Derendinger Strasse 50, 72072 Tübingen
Telephone: 07071 204-1444 | E-mail: soziales@tuebingen.de

Lebenshilfe für Menschen mit Behinderung Tübingen e. V. (Support for People with Disabilities)

Friedrich-Dannenmann-Strasse 69, 72070 Tübingen
Telephone: 07071 94403
E-mail: mail@lebenshilfe-tuebingen.de |
www.lebenshilfe-tuebingen.de

Freundeskreis Mensch e. V. (Circle of Friends - support for people with disabilities or mental health issues)

Reutlingerstrasse 12, 72072 Tübingen
Telephone: 07071 920595-40 |
E-mail: info@freundeskreismensch.de |
www.freundeskreismensch.de

Anti-discrimination advice

adis e. V. - Antidiskriminierung, Empowerment, Praxisentwicklung (anti-discrimination, empowerment, practice development)

Fürststrasse 3, 72070 Tübingen
E-mail: info@adis-ev.de | https://adis-ev.de/

International clubs & societies and self-help organisations for migrants

People from many different countries around the world live together in Tübingen. They often meet in groups and many of them found a non-profit club/society to support each other, make settling in Germany easier for newcomers to Tübingen and get involved in the community. Please find the contact details of some of these groups, clubs & societies below:

International clubs & societies

Associazione Amici della Cultura Italiana Tübingen e. V. (Italian club)

Beckmannsweg 14/1, 72076 Tübingen
Telephone: 07071 63218 | E-mail: amici.tuebingen@yahoo.de | www.amicituebingen.de

Alevitischer Kulturverein Tübingen und Umgebung e. V. (Alawite club)

Eisenbahnstrasse 8, 72072 Tübingen
Telephone: 07071 40786-31 |
E-mail: tuebingen-akm@hotmail.de

AL KALEMA – Bildungsinitiative Tübingen e. V. Arabische Schule Tübingen (Arabic school)

Grundschule an der Hügelstrasse (primary school)
Hügelstrasse 17-19, 72072 Tübingen
E-mail: arabischeschule@vasat-tuebingen.de

Bulgarischer Verein mit bulgarischer Schule in Tübingen – Rodna Retsch e. V. (Bulgarian club and school)

Westbahnhofstrasse 27, 72070 Tübingen
Telephone: 0157 5353 1467 |
E-mail: bg.schule@rodna-retsche.de | www.rodna-retsche.de

Circulo Argentino Baden-Württemberg e. V. (Argentinian club)

Primus-Truber-Strasse 42, 72072 Tübingen
E-mail: info@circuloargentino.de | www.circuloargentino.de

Dialog und Bildung Tübingen e. V. (Dialogue and Education)

Lernstube Tübingen (Learning centre)
Wilhelmstrasse 20, 72074 Tübingen
Telephone: 07071 365771 | E-mail: info@lernstube.com | www.lernstube.com

Deutsch-Griechische Gesellschaft
Tübingen – Reutlingen e. V. (German-Greek society)
Schwalbenweg 39, 72076 Tübingen
www.dgg-tue-rt.de

Eritreische Vereinigung zur gegenseitigen Unterstützung in der BRD, Bezirk Tübingen e. V. (Eritrean association for mutual support in Germany)
Europastrasse 25, 72073 Tübingen

Griechischer Eltern- und Erzieherverein Tübingen e. V. (Greek parents' and teachers' club)

Postfach 1533, 72005 Tübingen
E-mail: info@sxolio-tuebingen.de | www.sxolio-tuebingen.de

Förderverein für jüdische Kultur in Tübingen e. V. (Jewish cultural support association)

Dieselstrasse 19, 72074 Tübingen
Telephone: 07071 86264 |
E-mail: info@verein-juedische-kultur-tuebingen.de | www.verein-juedische-kultur-tuebingen.de

FödeM Bildungsinitiative / Muslimisches Jugendnetzwerk (Muslim educational/youth network)

E-mail: kontakt@foedem.de | www.foedem.de

Integration und Kultur e. V. / Russischer Kulturverein (Russian cultural club)

Paul-Dietz-Strasse 10, 72072 Tübingen
E-mail: rkvtuebingen@gmx.de

Kroatische Katholische Gemeinde Tübingen (Croatian Catholic congregation)

Bachgasse 3, 72070 Tübingen
Telephone: 07071 203628 |
E-mail: kroatkathgemeinde.tue@drs.de

Spanischer Eltern- und Kulturverein (Spanish parents and cultural club)

Tübingen – Reutlingen e. V. (German-Greek society)
Postfach 24 53, 72074 Tübingen
E-mail: apf.tuebingen@gmail.com

Telar e. V. (sustainable development)

Gölzstrasse 12, 720725 Tübingen
E-mail: vorstand@telar-ev.org | https://telar-ev.de/

Tübinger Islamgespräche (Islamic talks)

E-mail: info@tuebis.de | https://tuebis.de

Türkischer Verein Tübingen und Umgebung e. V. (Turkish club)

Am Stadtgraben 17, 72070 Tübingen
Telephone: 07071 517-87 | E-mail: tvtuebingen@web.de

Ukrainischer Verein Tübingen e. V. (Ukrainian club)

Otto-Erbe-Weg 26, 72070 Tübingen
E-mail: ukrainischer.verein.tue@gmx.de

Verband binationaler Familien und Partnerschaften, iaf e. V. (Association of binational families and partnerships)

Lilli-Zapf-Strasse 17, 72072 Tübingen
E-mail: tuebingen@verband-binationaler.de | www.verband-binationaler.de

Verein Arabischer Studenten und Akademiker Tübingen (Association of Arab students and academics)

Postfach 2670, 72076 Tübingen
E-mail: info@vasat-tuebingen.de | www.vasat-tuebingen.de

Verein zur Förderung iberamerikanischer Kultur e. V. (Latin American cultural club)

Internationales Gitarrenfestival Tübingen (International Guitar Festival)
Drosselweg 7, 72076 Tübingen
E-mail: gitarrenfestival.tuebingen@gmail.com | www.internationales-gitarrenfestival-tuebingen.de

ZuLE - Zusammen Lernen und Erleben WHO e. V. (Learning and Experiencing Together)

Spemannstrasse 30, 72076 Tübingen
Telephone: 07071 9678-84 | E-mail: zule-who@gmx.de | www.zule-who.de

Religion

Tübingen is a city of cultural and religious diversity. People from different countries and of different faiths live together peacefully here. As a result, there is also a large number of different religious institutions. We would like to introduce some of them to you below. You can find an even wider range of possibilities at: www.tuebingen.de/religion

Christian churches

Protestant churches

Stiftskirche Tübingen (Collegiate Church)

Münzgasse 30, 72070 Tübingen
www.stiftskirche-tuebingen.de

Jakobusgemeinde (St. James)

Justinus-Kerner-Strasse 2, 72070 Tübingen
www.jakobusgemeinde.de

Eberhardskirche Tübingen

Eugenstrasse 21, 72072 Tübingen
www.eberhardsgemeinde.de

Kirche am Eck

Aixer Strasse 42, 72072 Tübingen
<https://www.eberhardsgemeinde.de/gemeindeleben/kirch-am-eck>

Martinskirche Tübingen

Frischlinstrasse 33, 72074 Tübingen
www.martinsgemeinde-tuebingen.de

Stephanuskirche Tübingen

Friedrich-Dannenmann-Strasse 60, 72070 Tübingen
www.ev-stephanusgemeinde-tuebingen.de

Albert-Schweizer-Kirche

Beim Herbstenhof 21, 72076 Tübingen
www.asktue.de

Dietrich-Bonhoeffer-Kirche

Berliner Ring 12, 72076 Tübingen
www.bonhoeffer-gemeinde.de

Catholic churches

Gesamtkirchengemeinde (general congregation of parishes)

Bachgasse 3, 72070 Tübingen
www.katholisch-tue.de

Sankt Aegidius

Kingersheimer Strasse 52, 72070 Tübingen-Hirschau
www.katholisch-tue.de

Sankt Johannes (St. John)

Bachgasse 3, 72070 Tübingen
www.katholisch-tue.de

Sankt Petrus (St. Peter)

Neuhaldenstrasse 16, 72074 Tübingen-Lustnau
www.katholisch-tue.de

Sankt Paulus (St. Paul)

Johannes-Reuchlin-Strasse 3, 72076 Tübingen
www.katholisch-tue.de

Sankt Michael (St. Michael)

Hechinger Strasse 45, 72072 Tübingen
www.katholisch-tue.de

Sankt Pankratius (St. Pancras)

Pfarrhof 8, 72072 Tübingen-Bühl
www.katholisch-tue.de

Kroatische Gemeinde (Croatian Congregation)
Sv. Vinko Paulski (St. Vincent de Paul)
Bachgasse 3, 72072 Tübingen
www.katholisch-tue.de

Katholische Hochschulgemeinde
(Catholic University Congregation)
Belthlestrasse 40, 72070 Tübingen
www.khg-tuebingen.de

Christian congregations

Die Christengemeinschaft in Tübingen
Nauklerstrasse 62, 72074 Tübingen
www.christengemeinschaft.de/gemeinden/1814

Evangelische Freikirche Arche
(Ark Protestant Free Church)
Schaffhausenstrasse 5, 72072 Tübingen
www.arche-tuebingen.de

Kreuzkirche Tübingen (Church of the Holy Cross)
Pyerstrasse 11, 72074 Tübingen
www.kreuzkirche-tuebingen.de

Evangelische Methodistische Gemeinde
(Evangelical Methodist Congregation)
Rümelinstrasse 12, 72070 Tübingen
www.emk-tuebingen.de

Freie evangelische Gemeinde
(Free Evangelical Congregation)
Lilli-Zapf-Strasse 14, 72072 Tübingen
www.tuebingen.feg.de

Neuapostolische Kirchengemeinde Tübingen
(New Apostolic Church Congregation)
Brunsstrasse 24, 72074 Tübingen
www.nak-albstadt-tuebingen.de/tuebingen

Sieben-Tags-Adventisten Tübingen
(Seventh Day Adventists)
Moltkestrasse 26, 72072 Tübingen
www.adventgemeinde-tuebingen.de

Russisch-Orthodoxe Kirchengemeinde
(Russian Orthodox Church Congregation)
“Hl. Maria von Ägypten” (St. Mary of Egypt)
Österbergstrasse 2, 72072 Tübingen
www.orthodoxekirche-tuebingen.de

Mosques and prayer rooms

Masjid al Wanne – Islamisches Kultur- und
Begegnungszentrum Tübingen e. V.
(Islamic Cultural and Meeting Centre)
Philosophenweg 70, 72076 Tübingen
www.facebook.com/IKBTuebingen/

Tübingen Camii – IGMG Ortsverein Tübingen e. V.
Reutlinger Strasse 30-32, 72072 Tübingen

DITTIB Zentralmoschee Tübingen (Central Mosque)
Am Stadtgraben 17, 72070 Tübingen

Buddhist prayer centres

Tübingen Yun Hwa Dharma Sah
Philosophenweg 28, 72076 Tübingen
Telephone: 07071 989121 |
E-mail: tuebingen@lotussangha.org |
<http://tuebingen.yunhwasangha.eu/home/>

Buddhistisches Zentrum Tübingen (Buddhist Centre)
Schwärzlocher Strasse 38, 72070 Tübingen
Telephone: 0176 74852906 |
E-mail: tuebingen@diamondway-center.org |
www.diamantweg-buddhismus.de/tuebingen

Buddhistische Gemeinschaft Tübingen
(Buddhist Community)
Nürtinger Strasse 36, 72072 Tübingen
E-mail: spfh-monikasturtz@gmx.de |
www.buddhistische-gemeinschaft.de

Triratna Tübingen
Georgstrasse 8, 72070 Tübingen
E-mail: meditation_im_viertel@yahoo.com |
www.triratna-tuebingen.de/

Other religious communities

Indian Temple Gurdwara Sahib
Schaffhausenstrasse 3, 72072 Tübingen

Leisure and meeting people

Meeting places

There are many places in Tübingen where people meet to get to know each other and to exchange information. We'd like to list a few of these meeting places for you below. Please note that we cannot list every single institution because of the large number on offer.

District meeting points and other meeting places

District meeting points ("Stadtteiltreffs") are places where people who live in the same residential area can meet. They are open to people regardless of age, gender and origin and provide a good opportunity to meet new people. Various courses and leisure activities are often offered there. The following meeting places are situated in Tübingen:

InFö e. V. –

Interkulturelles Mehrgenerationenhaus (MGH) (Intercultural Multigenerational House)

Mauerstrasse 2, 72070 Tübingen
Telephone: 07071 97392-88 |
E-mail: mgh@infoe-tuebingen.de |
www.infoe-tuebingen.de

Stadtteiltreff Derendingen (district meeting point)

Kähnerweg 2, 72072 Tübingen-Derendingen
Telephone: 07071 7915-19 |
E-mail: gerdhagmeyer@gmx.de |
www.buergerverein-derendingen.eu/stadtteiltreff.html

Pro Kilchberg e. V.

Tessinstrasse 8, 72072 Tübingen-Kilchberg
E-mail: info@prokilchberg.de |
www.prokilchberg.de

Stadtteiltreff Herrlesberg/Lustnau (district meeting point)

Kinder- und Jugendbüro (Children's and Youth Office)
Stäudach 88, 72074 Tübingen
Telephone: 07071 204-1260 |
E-mail: rathaus-lustnau@tuebingen.de

Stadtteiltreff Brückenhaus (district meeting point)

Werkstrasse 8, 72072 Tübingen
Telephone: 070719688-07 |
E-mail: brueckenhaus@kit-jugendhilfe.de |
www.brueckenhaus-tuebingen.de

Stadtteiltreff und die Nachbarschaftliche Selbsthilfe (NaSe) (Self-help Neighbourhood District Meeting Point)

Janusz-Korczak-Weg 1, 72072 Tübingen
Telephone: 07071 3605-54 | E-mail: nase@kit-jugendhilfe.de |
www.buergertreff-nase.de

Stadtteiltreff Waldhäuser Ost (district meeting point)

Berliner Ring 20, 72076 Tübingen
Telephone: 07071 661-53 |
E-mail: sttwho@stadtteiltreff-who.de |
www.stadtteiltreff-who.de

Nachbarschaftsnetz Äußere Weststadt (Neighbourhood Network Outer West District)

Friedrich-Dannenmann-Strasse 69, 72070 Tübingen
Telephone: 07071 4108-72 and 07071 45206 |
E-mail: nachbarschaftsnetz.west@gmail.com

Ratsstüble Hirschau

Kingersheimerstrasse 46, 72070 Tübingen
Tel. 07071 99557-33 | E-mail: info@ratsstueble-hirschau.de

Stadtteiltreff MITEINANDER. (district meeting point)

Alter Güterbahnhof, 72072 Tübingen (Old Goods Station)
E-mail: stadtteiltreffgueterbahnhof@gmail.com |
www.altergueterbahnhof.de/miteinander

Stadtteiltreff Wanne (district meeting point)

Zum Herbstenhof 3, 72076 Tübingen
E-mail: info@stadtteiltreff-wanne.de |
www.stadtteiltreff-wanne.de

STT-Schönblick Verein (district meeting point)

Paul-Lechler-Strasse 10, 72076 Tübingen
Telephone: 07071 623-80 | E-mail: stt.schoenblick@gmail.com

Unterjesingen.gut.leben e. V.

Breite Strasse 14, 72070 Tübingen
Telephone: 07073 502-06 |
E-mail: info@buergerverein-unterjesingen.de |
www.unterjesingen-gut-leben.de

Werkstadthaus e. V. (Workshop House)

Aixer Strasse 72, 72072 Tübingen
Telephone: 07071 5381-69 | E-mail: info@werkstadthaus.de |
www.werkstadthaus.de

Dorfcafé im Seniorenzentrum Pfrondorf (Village Café in Senior Citizens' Centre)

Baumwiesenweg 1, 72074 Tübingen-Pfrondorf
Telephone: 07071 88843-35 |
E-mail: freundeskreis.seniorenzentrum@gmail.com

Senior citizens' meeting places

There are also special meeting places for senior citizens, some of which are integrated into the district meeting points mentioned above, with others aimed solely at senior citizens. You can find more information at: www.tuebingen.de/senioren.

HIRSCH-Begegnungsstätte für Ältere e. V. (senior citizens' meeting place)

Hirschgasse 9, 72070 Tübingen
Telephone: 07071 226-88 |
E-mail: Hirsch-Begegnung@t-online.de

Das Erzählcafé der Stephanusgemeinde (Storytelling Café)

Friedrich-Dannemann-Strasse 60, 72070 Tübingen
Telephone: 07071 455-91

Seniorentreff im Schönblick (senior citizens' meeting place)

Gottlieb-Olpp-Strasse 22-24, 72076 Tübingen
Telephone: 07071 7098-96

Freundeskreis Seniorenzentrum Pfrondorf e. V./Dorfcafé (senior citizens' meeting place/village café)

Baumwiesenweg 1, 72074 Tübingen
E-mail: freundeskreis.seniorenzentrum@gmail.com

Family meeting places

The family meeting places offer leisure activities and advice. You can find more information at: www.tuebingen.de/familientreffs

elkiko Eltern, Kinder, Kontakte Familienzentrum e. V. (Family Centre)

Lilli-Zapf-Strasse 17, 72072 Tübingen
Telephone: 07071 95873-00 | E-mail: vorstand@elkiko.de

Familiencafé in der Museumsvilla (Family Café)

Neckarhalde 31, 72070 Tübingen
E-mail: familiencafe.museumsvilla@gmail.com

Hirschauer Spielzimmer und Babytreff (playroom and baby meeting point)

in the "Ratsstüble Hirschau e. V."
Kingersheimerstrasse 46, 72070 Tübingen-Hirschau
Telephone: 0176 611 899-94 und 0152 257 879-35

Stadtteiltreff WHO (district meeting point)

Berliner Ring 20, 72076 Tübingen,
Telephone: 07071 25700-31 |
E-mail: sttwho@stadtteiltreff-who.de

Familientreff auf der Wanne (family meeting point) im Gemeindehaus St. Paulus (parish hall)

Johannes-Reuchlin-Strasse 3, 72076 Tübingen
Telephone: 07071 616-61

Baby-Café Jakobuskirche (St. Jacob's Church)

Madergasse 7, 72070 Tübingen
Telephone: 07071 77871-05

Offener Familien-Treff "im GüBa"

(open family meeting point),
**FBS, Familien-Bildungsstätte Tübingen e. V.
(family/education centre)**

Eisenbahnstrasse 11, 72072 Tübingen
Telephone: 07071 9304-66

Stadtteiltreff WHO (district meeting point)

Berliner Ring 20, 72076 Tübingen
Telephone: 07071 25700-31 |
E-mail: sttwho@stadtteiltreff-who.de

Youth centres and youth meeting places

Young people can meet at youth centres and youth meeting places. There is often a special programme that is free of charge and open to all. Parties often take place there in the evenings.

Jugendzentrum Epplehaus e. V. (youth centre)

Karlstrasse 13, 72072 Tübingen
Telephone: 07071 327-43 | E-mail: team@epplehaus.de |
www.epplehaus.de

Jugendhaus Pauline – Südstadt

(youth centre - south of city)
Paulinenstrasse 34, 72072 Tübingen
Telephone: 07071 342-61 |
E-mail: jugendhaus-pauline@tuebingen.de |
www.jugendhauspauline.de

Jugendtreff Derendingen (youth meeting point)

Primus-Truber-Strasse 47, 72072 Tübingen
Telephone: 07071 7704328 |
E-mail: jugendtreff.derendingen@tuebingen.de

Jugendtreff Weststadt

(youth meeting point - west of city)
Schleifmühleweg 71, 72070 Tübingen
Telephone: 07071 4008-19 |
E-mail: jugendtreff-weststadt@tuebingen.de |
www.jugendtreff-weststadt.de

Jugendraum Bebenhausen – Heuhaus des Klosters (youth room)
Forstamt 2, 72074 Tübingen
Telephone: 07071 61964 | E-mail: dagmarroehm@web.de

Jugendraum Pfrondorf (youth room)
Süßerstrasse 4, 72074 Tübingen
E-mail: jugendraum@tue-pfrondorf.de

Jugendhaus “s’Florian” Bühl (youth centre)
Eugen-Bolz-Strasse 10, 72072 Tübingen
Telephone: 07071 204-6040 |
E-mail: rathaus-buehl@tuebingen.de

Kinder- und Jugendfarm Tübingen e. V. (farm for children and young people)
Saibenstrasse 10, 72072 Tübingen
Telephone: 07071 1468570 |
E-mail: team@kijufa-tuebingen.de |
www.kijufa-tuebingen.de

Bricks-Jugendcafé Tübingen (youth café)
Europastrasse 17, 72072 Tübingen
Telephone: 07071 3659052 |
E-mail: jugendcafe@tuebingen.de

BauWa Downtown Lustnau (youth centre)
Nürtinger Strasse 62, 72074 Tübingen
Telephone: 07071 204-1260 |
E-mail: rathaus-lustnau@tuebingen.de

Mädchen*treff e. V. im Frauenprojektehaus (meeting point/advice for girls and young women)
Weberstrasse 8, 72070 Tübingen
Telephone: 07071 550022 |
E-mail: info@maedchentreff-tuebingen.de |
www.maedchentreff-tuebingen.de

Ökumenischer Schülertreff Schüli (ecumenical meeting point for schoolchildren with café)
Neckarhalde 40, 72072 Tübingen
www.facebook.com/SchueliNeckarhalde

Zirkus Zambaioni Tübinger Kinder- und Jugendzirkus e. V. (children’s and young people’s circus)
Lorettoplatz 2, 72072 Tübingen
Telephone: 07071 959860 | E-mail: zirkus@zambaioni.de
www.zambaioni.de

CVJM Tübingen FREIRAUM Gartenstrasse (YMCA open space)
Gartenstrasse 81, 72074 Tübingen
www.cvjm-tuebingen.de

CVJM Tübingen FREIRAUM Eugenstrasse (YMCA open space)
Eugenstrasse 26, 72072 Tübingen
www.cvjm-tuebingen.de

Ki-Dojo (martial arts centre)
Lorettoplatz 2, 72072 Tübingen
Telephone: 01577 68133-61 | E-mail: info@kidojotuebingen.de |
www.kidojotuebingen.de

Act! Verein zur Förderung politischer Bildung und Partizipation e. V. (political education and participation)
Wilhelmstrasse 30, 72074 Tübingen
Telephone: 07071 21346 | www.ract-festival.de

Cultural opportunities

The following portals provide a good overview of the wide range of opportunities:

- Schwäbisches Tagblatt – The Tagblatt is the regional newspaper for the Tübingen District and its surrounding areas. You can find the Schwäbisches Tagblatt at any of the city’s newspaper stands, in the main building at Uhlandstrasse 2 or on the Internet at: www.tagblatt.de
- The homepage of the city of Tübingen also provides regular information about upcoming events at: www.tuebingen.de
- Homepage of the Citizens’ Advice Bureau and the Tourist Information Centre: www.tuebingen-info.de
- Parties/events: www.partykel.info
- Art and culture: www.kulturnetz-tuebingen.de

Cinemas

The cinemas in Tübingen show current and older films to suit all tastes, some even in their original language. Film festivals with different themes take place on a regular basis.

Kino Arsenal

Hintere Grabenstrasse 20, 72070 Tübingen
Telephone: 07071 99975-31 | E-mail: info@arsenalkinos.de |
www.arsenalkinos.de

Kino Atelier

Am Haagtor 1, 72070 Tübingen
Telephone: 07071 212-25 | E-mail: info@arsenalkinos.de |
www.arsenalkinos.de

Kino Museum

Am Stadtgraben 2, 72070 Tübingen
Telephone: 07071 233-55 | E-mail: info@tuebingen-kinos.de |
www.tuebingen-kinos.de

Theatres

Landestheater Tübingen Reutlingen (LTT) (Regional Theatre)

Eberhardstrasse 6, 72072 Tübingen
Telephone: 07071 159-20 |
E-mail: info@landestheater-tuebingen.de |
www.landestheater-tuebingen.de

Zimmertheater Tübingen

Bursagasse 16, 72070 Tübingen
Telephone: 07071 927-30 |
E-mail: info@zimmertheater-tuebingen.de |
www.zimmertheater-tuebingen.de

Harlekin Theater

Wilhelmstrasse 103, 72074 Tübingen
Telephone: 07071 23858 |
E-mail: Volker.Quandt@t-online.de |

Kindertheater Teo Tiger (Children's Theatre)

Herrenberger Strasse 40, 72070 Tübingen
Telephone: 07071 928653 |
E-mail: mail@theater-teo-tiger.de | www.theater-teo-tiger.de

Vorstadttheater – Tübinger Puppenbühne (Suburban Theatre - Puppet Show)

Katharinenstrasse 28, 72072 Tübingen
Telephone: 07071 62681 | www.vorstadttheater.de

Museums

Stadtmuseum Tübingen (City Museum)

Kornhausstrasse 10, 72070 Tübingen
Telephone: 07071 204-1711 |
E-mail: stadtmuseum@tuebingen.de |
www.tuebingen.de/stadtmuseum

Auto- und Spielzeugmuseum Boxenstop (Car and Toy Museum)

Brunnenstrasse 18, 72074 Tübingen
Telephone: 07071-07071 929092 |
www.boxenstop-tuebingen.de

Kunsthalle Tübingen (Art Gallery)

Philosophenweg 76, 72076 Tübingen
Telephone: 07071 96910 |
E-mail: info@kunsthalle-tuebingen.de |
www.kunsthalle-tuebingen.de

Mineralogische Schausammlung der Universität Tübingen (mineralogical exhibition of the University of Tübingen)

Wilhelmstrasse 56, 72074 Tübingen
Telephone: 07071 2972604 |
www.geo.uni-tuebingen.de/sammlungen/mineralogische-sammlung.html

Museum der Universität Tübingen (MUT) (Museum of the University of Tübingen)

Schulberg 2, 72070 Tübingen
Telephone: 07071 2977384 |
www.unimuseum.uni-tuebingen.de

Museum Schloss Hohentübingen (Castle Hohentübingen Museum)

Burgsteige 11, 72010 Tübingen
Telephone: 07071 2977384 |
www.unimuseum.uni-tuebingen.de/de/schloss-hohentuebingen.html

Paläontologische Sammlung (palaeontological collection)

Institut für Geologie und Paläontologie

Sigwartstrasse 10, 72076 Tübingen
Telephone: 07071 2972998 | www.unimuseum.uni-tuebingen.de/de/sammlungen

Hesse-Kabinett (Hermann Hesse Museum)

Holzmarkt 5, 72070 Tübingen
Telephone: 07071 204-1711 |
E-mail: stadtmuseum@tuebingen.de |
www.tuebingen.de/hesse

Hölderlinturm (Hölderlin Tower)

Bursagasse 6, 72070 Tübingen
Telephone: 07071 22040 | www.hoelderlin-gesellschaft.de

Kloster Bebenhausen (Bebenhausen Monastery)

Im Schloss 1, 72074 Tübingen
Telephone: 07071 602802 |
E-mail: info@kloster-bebenhausen.de
www.kloster-bebenhausen.de

Kulturhalle (Cultural Hall)

Nonnengasse 19, 72070 Tübingen
Telephone: 07071 204-1737 |
www.tuebingen.de/kulturhalle

**You can also find more information at
www.tuebingen.de/museen**

Libraries

Stadtbücherei Tübingen Hauptstelle (Public Library - Central)

Nonnengasse 19, 72070 Tübingen
Telephone: 07071 204-1403 |
E-mail: stadtbuecherei@tuebingen.de |
www.tuebingen.de/stadtbuecherei

Stadtbücherei Derendingen (Public Library)

Primus-Truber-Strasse 37, 72072 Tübingen
Telephone: 07071 763777 |
E-mail: buecherei.derendingen@tuebingen.de |
www.tuebingen.de/stadtbuecherei

Stadtbücherei Waldhäuser Ost (Public Library)

Berliner Ring 33, 72076 Tübingen
Telephone: 07071 204-8134 |
E-mail: buecherei.who@tuebingen.de |
www.tuebingen.de/stadtbuecherei

Stadtbücherei Wanne (Public Library)

Eduard-Spranger-Strasse 69, 72076 Tübingen
Telephone: 07071 204-3626 |
www.tuebingen.de/stadtbuecherei

Universitätsbibliothek (University Library)

Wilhelmstrasse 32, 72074 Tübingen
Telephone: 07071 29-72846 | www.ub.uni-tuebingen.de

Sports

In addition to the numerous sports clubs listed at www.bueroaktiv-tuebingen.de, there is a wide variety of other sports you can play. You can also take part in some sports offered by the University of Tübingen (with restrictions). The programme can be found at: www.hsp.uni-tuebingen.de/index.html

Swimming pools

Tübingen offers several opportunities to swim, bathe and relax:

Indoor swimming pools

Umlandbad

Karlstrasse 2/1, 72070 Tübingen
Telephone: 07071 157-272 | E-mail: info.bad@swtue.de

Hallenbad Nord

Berliner Ring 30, 72076 Tübingen
Telephone: 07071 157-270 | E-mail: info.bad@swtue.de

Freibad Tübingen (open-air swimming pool) – near the sport facilities on the Europastrasse

Freibad 1, 72070 Tübingen
Telephone: 07071 157-277 | E-mail: info.bad@swtue.de

Important emergency numbers

Emergency number (Police)	110
Fire & Rescue Service	112
Emergency doctor / ambulance	112

Emergency numbers in special situations

Out-of-hours emergency medical service (medical care in the evening, at night and at weekends)
07071 29-0

Samaritans (for mental health problems)
0800 1110111

Suicide helpline (advice in a crisis)
07071 19298

Women's shelter
(German: Frauenhaus) - help for women
07071 66604 | E-mail: fhffrauenhaus.tue@t-online.de

Help in the event of violence against women
08000 116016 | <https://www.hilfetelefon.de>

Help in the case of violence against men
0800 1239900 |
<https://www.maennerhilfetelefon.de>

We cannot claim that the contents of this brochure are complete. No responsibility is accepted for the correctness of the information.

